

MOLD & YOUR HEALTH: HOW THE ENVIRONMENT EFFECTS YOU












HEALTH CONCERNS

Having mold present in your home or business is not only bad for the building itself, but can adversely affect your health. Health issues related to mold have been well-documented. While healthy people can certainly suffer from mold exposure, the young, the elderly and people with respiratory conditions are even more susceptible to mold-induced health problems. In a paper written in 2007, Dr. Alex Delgado of the American Academy of Environmental Medicine found that many clinical patients exposed to mold experience health problems such as the ones below.

HEALTH PROBLEMS

People who have asthma, allergies, sinusitis and other respiratory conditions are more susceptible to complications if mold is present in the home or business. Also, people who have weakened immune systems are at greater risk for complications, including those with HIV, diabetes and infants whose immune systems are not fully developed.

SYMPTOMS OF MOLD EXPOSURE

-  Nausea
-  Headache
-  Fatigue
-  Asthma
-  Memory Loss
-  Irritation of the eyes, nose, skin, throat, and lungs
-  Lung Disease
-  Kidney (renal) failure
-  Acute idiopathic pulmonary hemorrhage (especially infants)
-  Some forms of cancer, including lung and liver cancer
-  Increased lower respiratory illness and/or viral infections